

ABSTRACT

To Access The Awareness Regarding Toxic Effects Of Nail Polish And Nail Polish Removers Among Teenage Students Of Ran'na Liaquat Ali Khan

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Nail polish is used to give colorful look to nail as well as to enhance the beauty of one. But it has adverse reaction on nail plate and has inner body side effects. It is important to find out whether or not the users are aware from the toxic effect of using nail polish and nail polish removers. This study has been conducted on the 100 randomly selected intermediate students' of R.L.A.K Government College of Home Economics, Karachi. A questionnaire was designed to gather experiences and awareness of the respondents. The results of this study revealed that nail polish is occasionally used and the users have had no side effects and they were not aware about the toxic chemicals present in nail polishes and have no severe side effects of using nail polish removers but whiteness and dryness of nail was observed while due to unawareness of ingredients and side effects they did not pay attention on ingredients while selecting nail polishes.

KEYWORDS: Popularity of nail polish, Nail polishes, side effects, toxic chemicals of nail polish,