

ABSTRACT

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Title

Awareness of teenagers regarding skin irritation and allergic effects of clothing.

Background:

Clothes remain in intimate contact with the skin. Skin is a very important part of human body. However, wrong clothing selection may have a harmful effect on skin. Care should be taken while selecting clothes as it may affect our skin condition.

Objectives:

- To determine whether teenagers are aware of skin irritation and allergic effects of clothing and have they ever come across any of these changes during their use of clothing.
- To find out do they consider dermatological effect of clothing while selecting their clothes.

Methodology:

This research is a descriptive research. The research was conducted on a convenient sample of 75 teenage girls (16-19 years) from Raa'na Liaquat Ali Khan College of Home Economics. The data was collected through a self administrated questionnaire especially designed for this study. The data was entered and analyzed on Epidata (3.1 version) and Statistical package for Social Sciences (SPSS 11.5 version). The graphs and tables were drawn on Microsoft Excel 2003.

Results:

The results revealed that teenagers were aware of allergic effects of clothing and footwear. Majority of them had experience regarding this issue but do not consider dermatological effect of clothing while selecting apparel and footwear. Lack of knowledge was found in the field of prevention of allergies and the reasons of clothing and footwear allergies. It was also concluded that teenagers were also unaware about the fibers that stimulate allergy.

Conclusion:

It was found that teenagers were aware of allergic effects of clothing and footwear and they also had experience regarding this problem. It was also concluded that they do not usually consider dermatological effect of clothing while selecting apparel and footwear.