

Grade XI

Part A CLOTHING AND TEXTILES

Total Periods= 32

1 Period= 45min

| S.No | Topics | Main Points | References | Periods |
|-------------|---|---|-------------------|----------------|
| 1. | Selection, construction and storage of clothes. | 1-Principles of art applied to selection of clothes and fabrics; Definition, Principles of art: Balance, Proportion ,Emphasis ,Rhythm, Harmony a) Analysis of personal characteristics; how do clothes express your personality?, b) Study of design elements in dress; Definition of Design, elements of design: Line, Shape, Space, Texture ,Color c) Selection of appropriate dress and accessories ; Consideration of elements and principals of design according to personality | 3,4,5,6 | 4 |
| | | 2- shopping practices and consumer ethics a. Study of market and price; Introduction, b. Effective shopping practices; 4 steps to developing a good shopping plan, Getting Ready To Shop c. Ethical and un-ethical practices in shopping | 1,2,8 | 2 |
| | | 3- principles of wardrobe planning ; Introduction, Definition a. Planning individual wardrobe in term of family, socio- economics status and the economy of Pakistan; Investigate Present Wardrobe, How to Develop a Personal Wardrobe Plan b. Factors that determine wardrobe planning such as family budget, activities, personality, seasons of year, age sex and occasion in term of social customs of the country | 1,2,4,8 | 2 |
| | | 4- construction of clothes; a. Drafting individual bodice block taking accurate measurements and considering correct drafting procedures. b. Construction of a minimum of two garments for the students herself based on her wardrobe analysis and incorporate at least five new techniques and learning. | Practical Work | |

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| | | c. Sewing equipment, its proper use and care; choice of fabrics for garments; construction processes. | | |
| 2. | Study of Textile Fibers | 1- Classification of textile fibers. Introduction to Textile, Importance of studying textile, What is Fiber? Definition of fiber, Types of fiber, General characteristics of Textile Fiber, Classification of Fiber, Fiber Identification (by touch, by burning method, by microscope and by chemical) | 3,7 | 14 |
| | | 2- The three basic weaves and their characteristics, plain, twill and satin weave; Methods of Fabric Construction, Introduction and Definition of Weaving, The Loom, Process of Weaving, Basic Weave, There Basics Weaves; Plain Weave, Twill Weave, Satin Weave; Explanation of Plain Weave, Characteristics of basic weave, Use of basic weave, Fabrics made from basic weave. | 3,7 | 6 |
| | | 3- Finishes processes such as mercerization, napping, calendaring, and pre-shrinking; What are finishes? Introduction of textile finishes, Definition of finishes, Kinds of finishes, Different basic finishing processes. Purposes of finishes, Importance of finishes. | 3,7 | 4 |
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Grade XI**(Part A) CLOTHING AND TEXTILES (Practical Portfolio)****Total Periods= 32****1 Period= 45min**

| S.No | Topics | Main Points | References | Periods |
|-------------|--------------------|---|-------------------|----------------|
| | Sewing Equipment | Measuring equipment, Marking equipment, Cutting equipment, Sewing or stitching equipment | 2,4 | 2 |
| | Sewing Machine | Parts of sewing machine, How to use sewing machine, Common problems of sewing machine, Care of sewing machine | 1,2,4 | 2 |
| | Fabric Preparation | Shrink & press the fabric, Straighten the fabric ends, Straighten the fabric grain, Basic Hand Stitches, Basic Seams, Basic Seam Finishes, Embroidery Stitches, Facing, Buttonholes & Fasteners, Plackets, Necklines, Gathers, Arrowhead. | 2,4 | 8 |

| Grade XI | | | | |
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| (Part A) CLOTHING AND TEXTILES (Practical Projects) | | | | |
| Total Periods= 32 | | | 1 Period= 45min | |
| S.No | Topics | Main Points | References | Periods |
| 1 | Drafting & Pattern | Draft of Basic Bodice Block, Patten of Kameez, Pattern of Sleeve, Draft of Shalwar, Pattern of Belt | Handouts | 6 |
| 2 | Construction of garment | Construction of Kameez ; Techniques :Plain seam, Darts, Zipper placket, Bias facing, Invisible hemming. Seam Finishes: Edge machining, Over casting, Pinking. Construction of Shalwar; Techniques: Plain & Flat fell seam, Gathers, Continuous-bound placket, Shaped facing, Fastener. Seam Finishes: Pinking, Rolled hemming. | nil | 12 |

NOTE:

- 1- Sewing folder (Pouch) will be provided by the department.
- 2- Handouts for Practical and Evaluations Sheet of Projects (Kameez and Shalwar) will be provided by department.
- 3- 4 – 6 Classes after the completion of theory course are used for revision and difficulty faced by the students related theory and practical course

BOOKS RECOMMENDED

1. Anita Webb-Lupo, Clothing Decisions, Bennett and Meknight A division of Glencor Publication Co. ©1987
2. Bess V. Oerke, Dress, Revised Edition, Ninth Large Printing
3. Bernard P. Corbman, Textiles Fiber to Fabric, Sixth Edition, Gregg Division Mc.Grow Hill Book Company
4. Dora S. Lewis, Clothing Construction and Wardrob Planning, The Macmilan Company, 1960
5. Harriet Goldstain, Art and Everyday Life, Macmillan, Pub,Co, Newyork 1954
6. Hazel Thompson Craig, Clothes with Character, Revised Edition, D.G Heath and Compay, Boston
7. Isabel B. Wingate, Textile Fabrics and Their Selection Sixth Edition, Prentice Hall 1970
8. Jeanette Weber, Clothing Fashion, Fabric, Construction, Glencoe Publishing Company